Objectives

• Describe how research contributes to nursing knowledge

• List examples of ambulatory practice research topics

• Highlight present ambulatory care and home care research studies at Kaiser Permanente, Southern California

• Describe resources available to providers for participation in research activities
Background

• Ambulatory care
  – Dynamic, changing
  – Expanding
  – New discoveries and technology
• Multiple nursing roles and patient populations
  – Nursing provides the knowledge + skills + experience = best practice

A way to expand nursing knowledge is through research!

Standard VIII
Nursing Knowledge Development

• 2007 AAACN Standards of Professional Practice

• Nursing expands the ambulatory care knowledge base through:
  – Pursuing information on current research evidence and best practices
  – Supporting the growth and refinement of the body of Ambulatory Care nursing knowledge
  – Improving practice and quality initiatives through application of research generated evidence
Ambulatory Care Nursing Research

• Examples
  – Patient education
  – Patient experience and satisfaction
  – Self-care strategies
  – Symptom management
  – Nurses’ knowledge
  – Roles/activities
  – Workload
  – Outcomes

Kaiser Permanente
Ambulatory Care Nursing Research

• Enhancing recovery after cardiac surgery

  – Evaluates the effectiveness of Cognitive Behavior Therapy on biologic markers and depressive symptoms in patients recovering from Coronary Bypass Graft surgery.

  Los Angeles Medical Center
  Service Area
• **Substance abuse treatment process and outcomes in day/outpatient setting**
  
  – The goal of the study is to examine the client characteristics, processes and outcomes within a combination day/outpatient treatment program before, at end of treatment and six months later
  
  Downey Medical Center Service Area

• **Nurse/physician teamwork in the emergency department**
  
  – Are there differences in nurses’ and physicians’ perception of nurse-physician teamwork; staff job satisfaction; and staff job stress between staff who work in the emergency department that participated in teamwork training and are practicing Emergency Team Coordination
  
  Fontana Service Area
  
  Panorama City Service Area
Kaiser Permanente Ambulatory Care Nursing Research

• **Outpatient CHF education**
  
  – To determine and compare the effectiveness of the different methodologies of outpatient education for CHF patients on improving self-care and reducing hospital re-admissions
  
  Panorama City Service Area

Kaiser Permanente Ambulatory Care Nursing Research

• **What are the health care problems and needs of adult symptomatic and non-symptomatic walk-in patients in primary care**
  
  – To describe perceived and actual health care needs and problems of patients who walk into the clinic without an appointment
  
  San Diego Service Area
Kaiser Permanente Home Health Nursing Research

• **The effectiveness of an intervention in prevention of falls among patients in home health**

  – Hypothesis: There will be a significant reduction in falls for subjects with an intervention when compared to those who did not receive the intervention

  Fontana Service Area

Kaiser Permanente Home Health Nursing Research

• **Retrospective chart review of falls at Kaiser Permanente metro home care and hospice**

  – The purpose of this retrospective chart review study is to evaluate the effectiveness of a fall prevention program

  Metro Home Health
  Covers West Los Angeles and Los Angeles Service Areas
Past Research

• Program Evaluation of The Riverside Pro-Active Health Management (RiPHM) Program on Medication Self-Titration Education and Health Care Coaching: Implications on Self Management and Medication Adherence for Patients with Diabetes and Hypertension
  Riverside Service Area

• Readiness to Change HbA1c
  Baldwin Park Service Area

• The Need and Use of a Perinatal Bereavement Program
  Baldwin Park Service Area

Resources

• Southern California Nursing Research Program at Kaiser Permanente is across the continuum of care

  Nursing Research Partners

  • Anna Omero, DNSc, RN, NEA-BC
    – Nurse Scientist & Director of Nursing Research/Southern California
    – Anna.K.Omery@kp.org

  • Joyce Johnson, PhD, RN-BC
    – Regional Director, Education and Research for SCPMG
    – Joyce.A.Johnson@kp.org

  • Kristine Hillary, MSN, RN, NP
    – Regional Director Home Care Services, Southern California
    – Kristine.A.Hillary@kp.org
Resources

• Regional Nursing Research Committee
  – Members representing Ambulatory Care and Home Care

• Nursing Pathways and Ambulatory Care Websites
  – http://www.ambulatorypractice.org/

• Nurse Scientist Program

• Abstract and Poster Workshops

• Annual Research Conference
  – Friday, November 12th at Anaheim Hilton
  – Keynote speakers: Dr Kolcaba and Dr. Mary Wakefield
  – Pre-conference on manuscript writing and conducting an integrative review
Thank You!

- Terry Bream and Joyce Johnson
- Dr Anna Omery
- All providers who participate in nursing research activities at Kaiser Permanente
- Open to more ideas and participants!
- Questions
  - June Rondinelli, MSN, RN, CNS
  - Project Manager
  - SoCal Kaiser Permanente
  - Nursing Research Program
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