Internal Medicine and Geriatric Medicine Combined Symposium

Friday and Saturday, September 28 and 29, 2007
Hyatt Regency La Jolla at Aventine
3777 La Jolla Village Drive
San Diego, California
Friday Program

Friday, September 28, 2007

11:00 a.m.  Registration, Snacks and Exhibits

12:20 p.m.  Introductions and Welcome
             William T. Tseng, MD; Richard E. Lewis, MD

12:30 p.m.  Plenary – Riding the Age Wave: How to “Hang Ten” at 80
             Laura Mosqueda, MD (keynote speaker) (AB 1820)

1:30 p.m.  BREAKOUT 1 – Concurrent Sessions:
    A. Neurology: Advances in Stroke Prevention and Therapy
             Jeffrey L. Saver, MD
    B. Cross-Cultural Patient-Centered Geriatric Care
             Gayle Tang, MSN, RN (AB 1820)
    C. Heroic Measures: What, When & Who? (AB 487)
             Eric M. Emont, MD; Eva M. Runnman, MD

2:15 p.m.  BREAKOUT 2 – Concurrent Sessions:
    A. Cardiology for the Internist: From Biomarkers to Drug-eluting Stents
             – William D. Keen, Jr., MD, FACC
    B. Innovations in Geriatrics: Hospital Based Programs
             “What’s New? What Works?” (AB 1820)
             Heather L. Watson; Sandra Y. Koyama, MD
    C. Infectious Disease and the Geriatric Patient: Updates on Hospital and SNF Acquired Pathogens
             Dale K. Lieu, MD (AB 1820)

2:55 p.m.  Break, Exhibits and Networking

3:25 p.m.  BREAKOUT 3 – Concurrent Sessions:
    A. Pulmonary: Lung Volume Reduction Surgery
             Gregory Marrujo, MD; Mark Bradburne, MD
    B. Innovations in Geriatrics – Community Based Programs
             “What’s New, What Works?” (AB 1820)
             Nancy E. Gibbs, MD; Michael L. Mitchell, MD;
             Susan M. Enguidanos, PHD, MPH; Dana S. Lee, LCSW
    C. Orthopedics: Common Outpatient Joint Injections
             Barry R. Chi, MD and participating instructors:
             Dereck J. Deleon, MD; Michael R. Moreno, MD

4:10 p.m.  BREAKOUT 4 – Concurrent Sessions:
    A. Improving Hospital Outcomes in the Elderly: Practical Interventions for Deconditioning, Delirium, and Spirituality
             (AB 1820)
             Jennifer A. Black, MD; Eva M. Runnman, MD
    B. Orthopedics: Common Outpatient Joint Injections (repeat session) – Barry R. Chi, MD and participating instructors:
             Dereck J. Deleon, MD; Michael R. Moreno, MD
    C. Innovations in Geriatrics: Clinic Based Programs “What’s New, What Works?” (AB 1820)
             Beatrice E. Aguirre, RN, RNC; Brenda P. Thomason, MSW

4:55 p.m.  Adjourn: participants are invited to attend only one of the two following evening events

4:55 p.m.  Networking Reception (in Exhibit Room)

6:00 p.m.  The internal Medicine and Recognition Award Ceremony Dinner
             will be held at the Birch Aquarium at Scripps” (5 minute drive from hotel – 2300 Expedition Way, La Jolla)
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Registration, Continental Breakfast and Exhibits</td>
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<tr>
<td>7:50 a.m.</td>
<td>Introductions and Welcome</td>
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<td>8:05 a.m.</td>
<td>BREAKOUT 1 – Concurrent Sessions:</td>
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<tr>
<td></td>
<td>A. Dermatology: Rational Approach to Treating Rash</td>
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<td>Steven Shpall, MD</td>
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<td>B. The Proactive Geriatric Office Visit # 1: Practical Tips on</td>
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<tr>
<td></td>
<td>Anemia, Incontinence, and Polypharmacy (AB 1820)</td>
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<td>Nehal G. Patel, MD; Eva M. Runnman, MD</td>
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<td>8:45 a.m.</td>
<td>BREAKOUT 2 – Concurrent Sessions:</td>
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<td>A. Bariatric Surgery: A Primer for the Primary Care MD</td>
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<td>Amir Mehran, MD, FACS</td>
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<td></td>
<td>B. The Proactive Geriatric Office Visit # 2: Practical Tips on</td>
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<td></td>
<td>Memory Assessment, Depression and Falls (AB 1820)</td>
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<td>Peter S. Khang, MD, MPH</td>
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<td>9:25 a.m.</td>
<td>BREAKOUT 3 – Concurrent Sessions:</td>
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<td></td>
<td>A. Hematology: Oral Heparins and the New Anticoagulants</td>
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<td>Howard A. Liebman, MD</td>
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<td>B. Advance Illness Conversations: How to T.A.L.K. With Patients</td>
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<td></td>
<td>and Families (AB 487)</td>
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<td>Jennifer A. Black, MD; Dan M. Wilson, MAR, ACSW</td>
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<tr>
<td>10:00 a.m.</td>
<td>Break, Exhibits and Networking</td>
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<td>10:25 a.m.</td>
<td>BREAKOUT 4 – Concurrent Sessions:</td>
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<td></td>
<td>A. Radiology: Clinical Applications of New CT Technology (Section</td>
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<td>30403 Title 17) – Katherine M. Richman, MD</td>
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<td>B. Beyond the Hospital: What Every PCP Needs to Know (panel</td>
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<td></td>
<td>with audience participation &amp; cases) (AB 1820 and AB 487)</td>
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<td></td>
<td>Richard D. Brumley, MD; Nancy E. Gibbs, MD; Richard E. Lewis, MD;</td>
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<td>Kristine A. Hillary, MSN, RN, NP; Romina S. Rosen, MD</td>
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<td>11:05 a.m.</td>
<td>BREAKOUT 5 – Concurrent Sessions:</td>
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<td>A. Improving Hospital Outcomes in the Elderly: Patient Safety/</td>
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<td>Sources of Medical Error (AB 1820)</td>
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<td>Karen R. Mazzocco, RN, JD, CPHRM</td>
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<td></td>
<td>B. As the Pendulum Swings: Hormones and the Menopause 2007</td>
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<td>(AB 1820) – Carol A. Harter, MD</td>
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<td>11:45 a.m.</td>
<td>Plenary Session – “Fun, Fun, Fun ‘til Her Grandson Takes the</td>
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<td>T-Bird Away” (AB 1820)</td>
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<td>Eric M. Emont, MD; Captain Ike Ikatani; Patrice Frazier</td>
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<td>12:30 a.m.</td>
<td>Closing Remarks and Raffle – Adjournment</td>
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**Plan Ahead and Arrange CarpoolS**

Meeting room temperatures fluctuate. Please dress appropriately.

[kpsymposia.com](http://kpsymposia.com)
Guest Speakers

Susan M. Enguidanos, PhD, MPH
Director, Research Center
Partners in Care Foundation
San Fernando, CA

Patrice Frazier
Community Affairs Manager
Automobile Club of Southern California
Costa Mesa, CA

Ike Ikatani, Captain
Area Commander, California Highway Patrol
Woodland Hills, CA

Howard A. Liebman, MD
Professor of Medicine and Pathology
USC – Keck School of Medicine
Los Angeles, CA

Amir Mehran, MD, FACS
Director of Bariatric Surgery
UCLA – Department of Surgery
Los Angeles, CA

Laura Mosqueda, MD
Director and Professor of Family Medicine
UCI Program in Geriatrics
Orange, CA

Katherine M. Richman, MD
Director, Thornton Radiology
UC San Diego Medical Center
La Jolla, CA

Jeffrey L. Saver, MD
Professor of Neurology
Director, UCLA Stroke Center
Los Angeles, CA

Kaiser Permanente Speakers/Participants

Beatrice E. Aguirre, RN, RNC
Program Coordinator – Senior Care Connections
Kaiser Permanente – Orange County

Jennifer A. Black, MD
Physician-in-Charge
Hospice and Palliative Care
Kaiser Permanente – Bakersfield

Mark Bradburne, MD
Pulmonary Medicine
Kaiser Permanente – Riverside

Richard D. Brumley, MD
Physician-in-Charge
Hospice and Palliative Care
Kaiser Permanente – Bellflower

Barry R. Chi, MD
Physical Medicine & Rehabilitation
Kaiser Permanente – Los Angeles

Dereck J. Deleon, MD
Family Medicine
Kaiser Permanente – San Diego

Eric M. Emont, MD
Geriatrics, Hospice and Palliative Care
Kaiser Permanente – San Diego

Joan M. Fredella, PharmD
Clinical Pharmacist
Heart Failure Integrated Program
Kaiser Permanente – South Bay

Nancy E. Gibbs, MD
Regional Coordinating Physician
Geriatrics – Continuing Care
Kaiser Permanente Regional Offices – Pasadena

Carol A. Harter, MD
Assistant Area Medical Director
Repro-Endo-Infertility
Kaiser Permanente – San Diego

Kristine A. Hillary, MSN, RN, NP
Regional Director, Home Care Services
Kaiser Permanente – Regional Offices, Pasadena

William D. Keen, Jr., MD, FACC
Assistant Chief of Internal Medicine/Cardiology
Kaiser Permanente – San Diego

Peter S. Khang, MD, MPH
Program Director, Geriatrics Fellowship
Kaiser Permanente – Los Angeles

Sandra Y. Koyama, MD
Regional Heart Failure Care Management
Physician Co-Lead
Kaiser Permanente – Baldwin Park

Dana S. Lee, LCSW
Geriatric Case Manager
Kaiser Permanente – Los Angeles

Richard E. Lewis, MD
Physician-in-Charge, Continuing Care Services
Kaiser Permanente – Riverside

Dale K. Lieu, MD
Infectious Disease
Kaiser Permanente – San Diego

Gregory Marrujo, MD
Thoracic Surgery
Kaiser Permanente – Riverside

Karen R. Mazzocco, RN, JD, CPHRM
Practice Leader, Quality Resource Management
Kaiser Permanente – San Diego

Michael L. Mitchell, MD
Hospice and Long Term Care
Kaiser Permanente - Bellflower
Committee Speakers

Michael R. Moreno, MD
Family Medicine
Kaiser Permanente – San Diego

Nehal G. Patel, MD
Geriatrics – Long Term Care
Kaiser Permanente – Fontana

Romina S. Rosen, MD
Continuing Care
Kaiser Permanente – Panorama City

Eva M. Runnman, MD
Physician-in-Charge
Hospice and Palliative Care
Hospital Care Consultant
Kaiser Permanente – San Diego

Steven Shpall, MD
Dermatology
Kaiser Permanente – Santa Clara

Gayle Tang, MSN, RN
Director, National Linguistic and Cultural Programs
Kaiser Permanente – Oakland

Brenda P. Thomason, MSW
Clinical Consultant
Kaiser Permanente Regional Offices – Pasadena

Heather L. Watson
Senior Consultant
Kaiser Permanente Regional Offices – Pasadena

Dan M. Wilson, MAR, ACSW
Palliative Care Coordinator
Kaiser Permanente – Bakersfield

Symposium Co-Chairs
George M. Mallouk, MD
Internal Medicine West Los Angeles
William T. Tseng, MD
Internal Medicine San Diego
Richard E. Lewis, MD
PIC - Continuing Care Services - Riverside

Symposium Planning Committee
Combined Internal Medicine and Geriatric Medicine
Beatrice Aguirre, RN, RNC Orange County
Celestine J. Arambulo, DO San Diego
Adam I Chen, MD Riverside
Eric M. Emont, MD San Diego
Jennifer Juhn, MD Woodland Hills
Peter Khang, MD, MPH Los Angeles
Dean Kujubu, MD Los Angeles
Tom M. Ky, MD Orange County
Paul Lee, MD Bellflower
Richard E. Lewis, MD Riverside
George M. Mallouk, MD West Los Angeles
Michael Mason, MD Woodland Hills
Sue Mattera, RN West Los Angeles
Mario Milch, MD Los Angeles
Kathy Moore, RN, MSN Riverside
Que Nguyen, MD Baldwin Park
Denise Park, MD Bellflower
Nehal G. Patel, MD Fontana
Romina S. Rosen, MD Panorama City
Eva M. Runnman, MD San Diego
Paula Russo, NP South Bay
Allie Simon, MD San Diego
Arun K. Softa, MD Bakersfield
William T-C Tseng, MD San Diego
Brenda P. Thomason Regional Offices/Pasadena
Diem-Linh P. Tran, NP Baldwin Park
Dan Wilson, MSW Kern County
Ralph Yep, MD Los Angeles

Learning Objectives

At the conclusion of the symposium, the participants should be able to:

1. Describe the most up-to-date management strategies for:
   Strokes, Coronary Artery Disease (CAD) – Medical vs Interventional Treatment,
   Dermatologic Conditions, Oral Anticoagulant Therapies, CT Imaging Technology,
   Hospital/SNF Acquired Pathogens

2. Describe the indications, benefits and risks of:
   Lung Reduction Surgery, Bariatric Surgery, HRT, Artificial Nutrition and Hydration

3. Describe the indications and proper techniques of office-based joint injections

4. Identify, diagnose and treat key issues in the geriatric population, including Falls, Life Care Planning, Post Hospital Care Decisions, Cultural Values, and the Big Eight “D”s:
   Dementia, Delirium, Depression, Drug Safety, Decubiti, De-conditioning, Decision Making, Driving Safety.

5. Describe normal and common age-related changes and apply the biopsychosocial theory to the Kaiser Permanente care model.

6. Define the scope of services and the distinctions between the Kaiser Permanente’s Home Health, Hospice, Palliative and Skilled Nursing Care.

Target Audience – Internal Medicine Physicians, Family Medicine Physicians, Hospitalists, Medicine Sub Specialist Physicians, Emergency Physicians. May also be of interest to Nurse Practitioners, Physician Assistants, Care Managers, Social Workers, and Registered Nurses.
Acknowledgment
The exhibitors supporting this symposium will be acknowledged in the syllabus.

Accreditation

Physicians – The Southern California Permanente Medical Group is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The Southern California Permanente Medical Group takes responsibility for the content, quality and scientific integrity of this activity.

The Southern California Permanente Medical Group designates this educational activity for a maximum of 7 hours AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Nurses and Physician Assistants
Attendees may report up to 7 hours toward continuing education requirements for license renewal. ‘CME’ can be written in lieu of the provider number on all licensure renewal applications.

MFTs and LCSWs - Course meets the qualifications for 7 hours of continuing education credit for MFTs and LCSWs as required by the California Board of Behavioral Sciences. PCE 1763.

(Person: 1 = 3.5 hours CME up to 3.5 hours of AB 1820, and up to .5 hour AB 487)
(Person: 2 = 3.5 hours CME up to 3.0 hours of AB 1820, up to 1.0 hour AB 487, and up to .5 hour Section 30403 Title 17)

Persons with Disabilities
In compliance with the Americans with Disabilities Act, all reasonable efforts will be made to accommodate persons with disabilities at the meeting.

If you have any special dietary or accommodation needs, please notify the meeting planner listed, prior to the symposium in the Department of Physician Education at (626) 564-5338 or tie-line 8-338-5338. This advance notice will help us serve you better.

Hotel Information
Hyatt Regency La Jolla
3777 La Jolla Village Drive
San Diego, California 92122
(858) 552-1234 Hotel
(800) 233-1234 Reservations

A special room rate is being offered to guests attending our symposium. Please contact the hotel directly and identify yourself as a member of our group (Kaiser Permanente Internal Medicine /Geriatric Medicine Symposium) when making reservations. Reservations must be made no later than September 6, 2007.

Room Rates: $199.00
Reservations received after the cut-off date will be accepted on a space available basis only.

Parking Rates:
Self – $8.00
Valet – $25.00
Overnight Self – $16.00
Overnight Valet – $22.00

For Directions
Hotel Web site: lajolla.hyatt.com
Map Quest Web site: mapquest.com

For Further Information
Yolanda Dorsey, CMP
SCPMG Meeting Planner
Physician Education/SCPMG Meetings and Events
100 S. Los Robles, Suite 101
Pasadena, CA 91188
(626) 564-5338 (tie-line 8-338-5338)
Registration

Online – Registrations and payments for all conferences are now handled at our Internet Web site that is accessible anytime and anywhere! See below “How to Register”. Register online at: kpsymposia.com by September 18, 2007. After this date, registration will be automatically processed at the additional fee until September 23, 2007 at 9:00 p.m. when online registration closes. Please see the registration fees section below for information. Registrations will be taken on a first-come, first-served basis. Lunch is included for registered conference attendees.

How to Register – If you are attending a meeting for the first time or if you have an existing profile with us prior to 2006, you will need to create a new profile at kpsymposia.com. An e-mail address is required. This is a one time only process. If you attended a symposium in 2006, a profile has already been set up for you.

If you have an existing profile, please go to kpsymposia.com select the meeting of your choice and click on the register button. Enter your e-mail address and password to log in and register for the conference. Space is limited, register early.

If you do not have access to the Internet, please call (626) 564-5338 to request a written registration form.

Cancellation/Refunds – If you cannot attend, please cancel by September 18, 2007. There will be no refunds after this date.

Registration Fees

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<tr>
<td>Physician (active or retired)</td>
<td>95.00</td>
<td>125.00</td>
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<td>Non-physician</td>
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<tr>
<td>Resident/Fellow/New SCPMG Physicians*</td>
<td>No charge</td>
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<td>Attendee Dinner**</td>
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<td>Guest Dinner (adult)**</td>
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<td>Guest Dinner (child 12 and under)**</td>
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<td>Reception Guests</td>
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* All SCPMG New Physicians (with less than 3 years of service) are invited to attend one symposium in their first 3 years at no cost to them when pre-registering.

**Fee includes entrance to the Aquarium.

Please note that a $25 on-site registration fee will be incurred. Please register early to avoid this charge. All on-site registration fees must be paid by credit card or check payable to SCPMG. Cash will not be accepted.

Internal Medicine and Geriatric Medicine Combined Symposium
**CME Coming Events**

**9th Annual Cardiovascular Medicine and Surgery (COAST) National Meeting**
- Friday-Sunday
- October 5-7, 2007
- Monterey Plaza Hotel – Monterey

**Urology**
- Friday – Sunday
- October 5 – 7, 2007
- Four Seasons Hotel – Westlake Village

**Diabetes**
- Monday – Tuesday
- October 15 and 16, 2007
- Hyatt Regency and St. Regis

**49th Annual Pediatrics**
- Friday and Saturday
- October 12 and 13, 2007
- Hilton Hotel – Anaheim

**Diabetes**
- Tuesday, November 27, 2007
- Pacific Palms Conference Resort – Industry Hills

**Vision**

**Southern California Permanente Medical Group**

**Physician Education/SCPMG Meetings and Events**

**100 South Los Robles, Suite 101**
**Pasadena, CA 91106**

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