9th Annual Cardiovascular Medicine and Surgery (COAST) Conference

Friday–Sunday, October 5–7, 2007
Monterey Plaza Hotel and Spa
Monterey, California
Friday, October 5, 2007

6:30 a.m.  Registration, Continental Breakfast and Exhibits (attendees only please)

7:00 a.m.  Welcome and Opening Remarks – Moderator: Gary W. Roach, MD

7:10 a.m.  Breakfast Panel: Trends in Revascularization
  Moderator: Steve S. Khan, MD, FACC; Participants: Albert Y-J Shen, MD; Maria Ansari, MD; Thomas A. Pfeffer, MD

8:00 a.m.  Coronary Artery Bypass Grafting: Can We Decrease the Cost and Complications? – Stanton K. Shernan, MD

8:45 a.m.  Optimizing the Role of Echocardiography in Clinical Practice
  Maria Ansari, MD

9:30 a.m.  Break and Exhibits
  Moderator: Gary W. Roach, MD

10:00 a.m.  The Effects of Delays On Outcomes of Revascularization
  Boris Sobolev, PhD

10:40 a.m.  Impact of Human Errors in Medicine and Surgery
  Scott Shappell, PhD

11:20 a.m.  Developing a Blood Conservation Program – Gary W. Roach, MD

12:00 p.m.  Lunch
  Moderator: Albert Y-J Shen, MS, MD

1:30 p.m.  Cardiovascular Risk: Impact of Ethnicity and Gender
  Michelle Albert, MD

2:15 p.m.  Heparin-induced Thrombocytopenia – Jack Levin, MD

3:00 p.m.  Break and Exhibits
  Moderator: Thomas A. Pfeffer, MD

3:30 p.m.  Aortic Valve Sparing Surgery of the Aortic Root
  Luca A. Vricella, MD, FACS

4:15 p.m.  Alcohol and Cardiovascular Disease – Arthur L. Klatsky, MD

5:00 p.m.  Adjourn for the day
  Welcome Reception – Immediately Following Adjournment

Saturday, October 6, 2007

6:30 a.m.  Registration, Continental Breakfast and Exhibits (attendees only please)

7:00 a.m.  Breakfast Panel: Options in the Treatment of Valvular Heart Disease – Moderator: Thomas A. Pfeffer, MD; Participants: Steven S. Khan, MD; Kwok Yun, MD; Hon S. Lee, MD; John C. Chen, MD; Mario F. Pompili, MD
**Saturday, October 6, 2007**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00 a.m.</td>
<td>What’s New in Congestive Heart Failure Diagnosis and Management – María Ansari, MD</td>
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<tr>
<td>8:45 a.m.</td>
<td>Percutaneous Valve Replacement: What Is the State-of-the-Art? – James Fann, MD</td>
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<tr>
<td>9:30 a.m.</td>
<td>Break and Exhibits - Moderator: Albert Y-J Shen, MS, MD</td>
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<tr>
<td>10:00 a.m.</td>
<td>Managing the Patient with Pulmonary Artery Hypertension – Nick H. Kim, MD</td>
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<td>10:40 a.m.</td>
<td>No Medicine or Surgery for Me - What Else Can I Do? – Andrew L. Avins, MD</td>
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<tr>
<td>11:20 a.m.</td>
<td>Ablation Therapy for Arrhythmia Management – Nitish Badhwar, MD</td>
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<tr>
<td>12:00 noon</td>
<td>Adjourn for the day</td>
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**Sunday, October 7, 2007**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Fun Run (meet in the hotel lobby near the main entrance)</td>
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<tr>
<td>7:00 a.m.</td>
<td>Breakfast Panel: Outcome Data-Presenting to the Public and for Internal Quality Improvement – Moderator: Ralph Brindis, MD; Participants: Eric D. Peterson, MD; (Other participants to be announced)</td>
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<tr>
<td>7:30 a.m.</td>
<td>Registration, Continental Breakfast and Exhibits (attendees only please) – Moderator: John C. Chen, MD</td>
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<tr>
<td>8:00 a.m.</td>
<td>Regional MI Care/Improving Primary PCI Efforts – Eric D. Peterson, MD, MPH;</td>
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<td>8:45 a.m.</td>
<td>The Role of Inflammation in Outcomes Following Cardiopulmonary Bypass – Stanton K. Shernan, MD</td>
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<tr>
<td>9:30 a.m.</td>
<td>Break and Exhibits - Moderator: Albert Y-J Shen, MS, MD</td>
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<tr>
<td>10:00 a.m.</td>
<td>Management of Acute Coronary Syndrome – Sanjay Kaul, MD</td>
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<tr>
<td>10:40 a.m.</td>
<td>Cardiac Disease in the Diabetic Patient: Special Considerations – Steve Haffner, MD</td>
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<tr>
<td>11:20 a.m.</td>
<td>The Impact of Renal Disease on Coronary Revascularization – Eric D. Peterson, MD, MPH</td>
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<tr>
<td>12:00 noon</td>
<td>Meeting Adjourned</td>
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**MEETING ROOM TEMPERATURES FLUCTUATE PLEASE DRESS APPROPRIATELY**
## Speakers

### Guest Speakers

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Institution</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michelle Albert, MD</td>
<td>Cardiology</td>
<td>Brigham and Women's Hospital</td>
<td>Boston, Massachusetts</td>
</tr>
<tr>
<td>Nitish Badhwar, MD</td>
<td>Assistant Professor of Medicine</td>
<td>University of California, San Francisco</td>
<td>San Francisco, California</td>
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<tr>
<td>James Fann, MD</td>
<td>Cardiologist</td>
<td>Stanford University Medical Center</td>
<td>Stanford, California</td>
</tr>
<tr>
<td>Steve Haffner, MD</td>
<td>Internal Medicine</td>
<td>University of Texas Health Science Center</td>
<td>San Antonio, Texas</td>
</tr>
<tr>
<td>Sanjay Kaul, MD</td>
<td>Director, Cardiology Fellowship</td>
<td>Cedars-Sinai Medical Center</td>
<td>Los Angeles, California</td>
</tr>
<tr>
<td>Nick H. Kim, MD</td>
<td>Assistant Clinical Professor of</td>
<td>Pulmonary and Critical Care Medicine</td>
<td>Los Angeles, California</td>
</tr>
<tr>
<td>Jack Levin, MD</td>
<td>Professor of Laboratory Medicine</td>
<td>University of California, San Francisco</td>
<td>San Francisco, California</td>
</tr>
<tr>
<td>Eric D. Peterson, MD, MPH</td>
<td>Professor of Medicine</td>
<td>Duke University Medical Center</td>
<td>Durham, North Carolina</td>
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<tr>
<td>Scott Shappell, PhD</td>
<td>Industrial Engineering</td>
<td>Clemson University</td>
<td>Clemson, South Carolina</td>
</tr>
<tr>
<td>Stanton K. Sherman, MD</td>
<td>Anesthesiology</td>
<td>Brigham and Women's Hospital</td>
<td>Boston, Massachusetts</td>
</tr>
<tr>
<td>Boris Sobolev, PhD</td>
<td>Associate Professor, Health Care</td>
<td>The University of British Columbia</td>
<td>Vancouver, British Columbia, Canada</td>
</tr>
<tr>
<td>Luca Vricella, MD, FACS</td>
<td>Assistant Professor of Surgery</td>
<td>Johns Hopkins University</td>
<td>Baltimore, Maryland</td>
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<tr>
<td>Tommy Ansari, MD</td>
<td>Chief of Cardiology</td>
<td>Kaiser Permanente</td>
<td>San Francisco, California</td>
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<tr>
<td>Andrew L. Avins, MD</td>
<td>Division of Research</td>
<td>Kaiser Permanente</td>
<td>Oakland, California</td>
</tr>
<tr>
<td>John C. Chen, MD</td>
<td>Chief of Cardiac Surgery</td>
<td>Kaiser Permanente</td>
<td>Honolulu, Hawaii</td>
</tr>
<tr>
<td>Steven S. Khan, MD, FACC</td>
<td>Cardiology</td>
<td>Kaiser Permanente</td>
<td>Los Angeles, California</td>
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</tbody>
</table>

### Faculty and Planning Committee Disclosure

Kaiser Permanente requires that anyone with influence over the content of a National CME activity disclose any relationship with a pharmaceutical or industrial concern which might pose a potential, apparent or real conflict of interest with regard to the faculty’s contribution to the program.
Learning Objectives
At the conclusion of the symposium, the participants should be able to:

- Discuss state-of-the-art treatment of coronary artery disease including revascularization options.
- Discuss the full range of therapeutic interventions for patients with valvular heart disease.
- Assess the impact of alcohol use, diabetes and metabolic syndrome, ethnicity and gender on cardiac disease processes.
- Discuss some of the medical and surgical variations in practice between facilities and regions.
- Reduce the role of human errors in the delivery of care for patients with cardiovascular disease.

Target Audience
Physicians, nurse practitioners, physician assistants, nurses, perfusionists, and other providers of care for patients with cardiovascular disease.

Conference Co-Chairs
Thomas A. Pfeffer, MD
Chief, Department of Cardiac Surgery
Kaiser Permanente
Los Angeles, California

Gary W. Roach, MD
Chief of Cardiovascular Anesthesiology
Department of Cardiac Services
Kaiser Permanente
San Francisco, California

Albert Y-J Shen, MS, MD
Director, Coronary Care and Telemetry Units
Department of Cardiology
Kaiser Permanente
Los Angeles, California

Conference Planning Committee
Robert Blumberg, MD – TPMG
Gerald Bourne, MD – TPMG
Ralph Brindis, MD, MPH, FACC – TPMG
John C. Chen, MD – HPMG
John Howse, MD – TPMG
Bruce Hultgren, MD – HPMG
Steven S. Khan, MD – SCPMG
Hon Lee, MD – TPMG
Thomas A. Pfeffer, MD – SCPMG
Mario F. Pompili, MD – TPMG
Gary W. Roach, MD – TPMG
Albert Y-J Shen, MD – SCPMG

Speakers
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Senior Consultant - Cardiology
Kaiser Permanente
Oakland, California

Hon S. Lee, MD
Cardiovascular Surgery
Kaiser Permanente
Oakland, California

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Kwok Yun, MD
Cardiac Surgery
Kaiser Permanente
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Kwok Yun, MD
Cardiac Surgery
Kaiser Permanente
Los Angeles, California
Commercial Support
This symposium is funded in part, by educational grants and exhibit fees from commercial supporters.

Accreditation and Disclosure
The Kaiser Permanente National CME Program is accredited by the Accreditation Council for Continuing Medical Education (ACME) to provide continuing medical education for physicians.

The Kaiser Permanente National CME Program designates this educational activity for a maximum of 16.25 AMA PRA Category 1 credits™ toward the American Medical Association Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Nurses may report up to 16.25 contact hours toward the continuing education requirements for license renewal by their state Board of Registered Nurses. ‘CME’ may be noted on the license renewal application in lieu of a BRN provider number.

Persons with Disabilities
In compliance with the Americans with Disabilities Act, all reasonable efforts will be made to accommodate persons with disabilities at the meeting. If you have any special dietary or accommodation needs, please notify the Event Coordinator listed, prior to the symposium, in the Department of Physician Education at 626-564-5338 or tie line 8-338-5338. This advance notice will help us serve you better.

Hotel Information
Monterey Plaza Hotel & Spa
400 Cannery Row
Monterey, California 93940-1489
(831) 646-1700 Hotel
(800) 334-3999 Toll free

A special room rate is being offered to guests attending our symposium. Please contact the hotel directly and identify yourself as a member of our group (Kaiser Permanente Cardiology (COAST) Conference) when making reservations. Reservations must be made no later than September 12, 2007.

Room Rates: Single/Double Occupancy $239.00
Parking Rates: Valet only – $ 18.00

You must register to attend the symposium first.

You will then receive an e-mail confirmation which will include the special code to give to the hotel to make your reservations.

Reservations received after the cut-off date will be accepted on a space available basis only.

For Directions
Hotel Web site: montereyplazahotel.com
Map Quest Web site: mapquest.com

For Further Information
Yolanda Dorsey, CMP
SCPMG Meeting Planner
Physician Education/SCPMG Meetings and Events
100 S. Los Robles, Suite 101
Pasadena, CA 91188
(626) 564-5338 (tie-line 8-338-5338)

Please book flight arrangements with the carrier of your choice.

www.swabiz.com Airfare and flight schedule on Southwest Airlines: Please enter the Kaiser Permanente Company ID#99864531

The Monterey Plaza Hotel is approximately 75 miles South of San Jose Airport which is the larger airport for flight arrivals. Monterey Airport is an alternate with limited access (10 minute drive to the hotel)

Ground Transportation
Monterey Airbus: (831) 373-7777 or montereyairbus.com - Approximately $30.00 per person/one way from San Jose Airport and $40.00 per person/one way from San Francisco Airport. Advance reservations highly recommended.

Booking Air Travel
All travel to the Kaiser Permanente National Cardiovascular Medicine and Surgery (COAST) Conference is at the individual attendee’s expense to be paid by your own personal credit or corporate card. Call Kaiser Travel toll free at 1-888-813-3500 to speak with an agent and book your air travel. You can also email your flight request to: Kaiser.travel@carlsonwagonlit.com. Be sure to include the name of the meeting, the city you are flying from, the date and time you want to travel and your name and phone number.

Kaiser Permanente has negotiated rates with United, Delta and other airlines. We encourage you to utilize these KP preferred carriers.
**Registration**

Online – Registrations and payments for this conference are handled at our internet Web site that is accessible anytime and anywhere! See below “How to Register”.

Register online at: www.kpsymposia.com by September 24, 2007. After this date registration will be automatically processed at the additional fee until September 30, 2007 at 9:00 p.m. when on-line registration closes. Please see the registration fees section below for information. Registrations will be taken on a first-come, first-served basis.

**How to register:** If you are attending a meeting for the first time or if you have an existing profile with us prior to 2006, you will need to create a new profile at www.kpsymposia.com. An email address is required. This is a one time only process. If you attended a symposium in 2006, a profile has already been set up for you.

If you have an existing profile, please go to www.kpsymposia.com, select the meeting of your choice and click on the register button. Enter your e-mail address and password to log in and register for the conference.

**Cancellation/Refunds** – If you cannot attend, please cancel by September 24, 2007. There will be no refunds after this date. Space is limited.

If you do not have access to the Internet, please call (626) 564-5338 to request a written registration form.

**Registration Fees** (includes meals for attendee)

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<th>Postmarked By 9/24/07</th>
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<td><strong>KAISER PERMANENTE</strong></td>
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<td>Physician (active or retired)</td>
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